



## What 80% of Americans are Missing

By Debi Magnes

According to the findings of a Harris Interactive study, 80% of Americans are not passionate about what they do. Everyone knows that passion is the key to success, but for people who don't know what their passions are, finding them can be a mystery.

After learning on **Oprah** about the **NY Times Best-seller - The Passion Test** - I knew I had to learn more about the process and how it could work for my clients. So this past August I attended an intensive Facilitators Certification training in Denver, CO to teach **The Passion Test**. I learned about a remarkable test that drastically transforms the way we look at ourselves and the world! **The Passion Test** is a simple, yet powerful tool that identifies the five things that matter most to you and then helps make them the priorities of your life.

The test itself was created by Janet Bray Attwood and Chris Attwood and it is described in their book. **The Passion Test – The Effortless Path to Discovering Your Life Purpose**. I was personally trained by the Attwoods as a Passion Test facilitator. They taught our intimate group of Life Coaches, Spiritual Leaders and Teachers that you must be clear about what you choose to bring into your life. The Passion Test is a simple, powerful process to achieve that clarity!

Here's what happen to Julia after she took the test.

Julia was at the end of her rope. Her marriage of fifteen years was falling apart, her kids were having major challenges at school, and her feet were in such pain she couldn't walk across a room at home barefoot. How to pay the bills was driving her out of her mind. Not knowing where to turn, she went to a seminar with a friend where one of the speakers was Janet Bray Attwood – co-creator of **The Passion Test**.

As Julia followed the simple instructions to take the test, she discovered the five things she was really passionate about: having a fulfilling, loving relationship with her husband; having a tutor to home school her kids so she could spend more time with them, enjoying a perfectly healthy, vital body; being a speaker and presenter; and having substantial, multiple streams of income.

A year and a half later, Julia's life is unrecognizable to her and many of her friends. After clarifying the importance of her marriage, her husband came to her, apologizing and asking for a fresh start. Together they found a business opportunity in the travel industry that has allowed them to make almost a million dollars in 18 months. She now presents to hundreds of people all over the country. Her health has improved so much that she now can dance barefoot across her living room, and her kids have a fabulous home tutor so they can spend lots of time with their Mom. Wonderful true story isn't it?

In my work as a Self-Growth/Life Coach, I find that most people don't know where to begin to make positive changes in their lives. Most are unsure of what they want to be when they grow up and as far as passions go, they don't have any idea what passions they have. That's why I am so excited about this test and its powerful tools to help individuals improve their futures! **The Passion Test** is the perfect tool to help my clients discover the beginning place for the rest of their lives.

If you are interested in learning more about **The Passion Test** go to my website at [www.KyCenterForSelfGrowth.com](http://www.KyCenterForSelfGrowth.com) . You may also contact me direct at 502-552-0552, or at [forthejoy@insightbb.com](mailto:forthejoy@insightbb.com).

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Debi Magnes is a Certified Workshop Facilitator, Motivational Speaker, Life Coach, Intuitive Counselor, and Reiki Master. She received her certification to teach The Passion Test from Janet Bray Attwood and Chris Attwood best-selling authors of The Passion Test and founders of Enlighten Alliances. Debi also received her advanced certification from "Heart Inspired Presentations," a California based company known for their training based on the philosophy of internationally known author Louise L. Hay. Debi is the founder of the **Kentucky Center for Self-Growth, LLC** located in Prospect, KY where she conducts a series of workshops as well as private one-on-one Life Coaching sessions, Reiki treatments and Intuitive Counseling. She is a speech contest winner and active member of Toast Masters International and loves public speaking. Debi has appeared on WHAS-TV, WAVE 3 TV, WFPL Public Radio, WTFX – FM, Cable TV, and has published several articles. To learn more about Debi and her work, go to [www.KyCenterForSelfgrowth.com](http://www.KyCenterForSelfgrowth.com)