



Successisnowhere!

by Debi Magnes

How do you read that one-word headline? Is it "success is now here," or is it "success is nowhere?" How you see it may have a lot to do with how you live your life.

I recently read a book named "**Happiness Now**" by **Robert Holden, PhD**. I highly recommend it, because it reminds you that a person can be successful and happy, wherever they are, or whoever they are. The same is true for happiness, health, love, joy, wealth, abundance, clarity, freedom, balance and peace. You have it all at your fingertips this very moment! And whether or not you truly understand that makes a difference in how you read my headline.

Here is why. When we were born, we were the happiest, most loving little beings on the planet. All we knew was to be happy, to smile, coo, stick out our tongues, pull on our ears, chew on our toes, and suck our thumbs. And, that's just what we did until someone—parents, school teachers, classmates, maybe someone else's parent—told us to stop.

Your behavior and your self-esteem: what you think or believe about yourself, is a product of conditioning—sort of like brainwashing. Our behavior and how we see ourselves is based on the feedback we received from other people while growing up. Somewhere along the way, their feedback became our beliefs about ourselves. We weren't born with these thoughts about ourselves, remember, we were born happy go-lucky little beings without a care-in-the-world until someone told us we needed to be different. And if "they" said we needed to be different then "they" must know the truth and therefore "it is so." Once again, "they" may have been our parents, school teachers, classmates or someone else's parent. The good news is when we become adults out on our own, we can choose how to think, feel, behave, and we can especially choose our own beliefs.

I have found that the two most popular doubts that individuals have to prevent success, isyou have to work real hard to get somewhere in life and you have to have a good education. Not true! I Googled a list of famous people who were high school drop outs. Here is just a few of the several people listed; **Jim Clark**.....self-made billionaire American businessman; founder of "Netscape"; first Internet billionaire, **Jimmy Dean**.....singer-songwriter-actor; self-made multimillionaire American businessman; founder of "Jimmy Dean Sausage.", **W. Clement Stone**.....self-made multimillionaire (some sources indicate billionaire) American businessman-author; founder of "Success" magazine (actually he was an elementary school dropout. Later he attended high-school night courses and then some college), **Peter Jennings**.....Canadian-born American television journalist; evening news anchorman, **Isaac Merrit Singer**.....American sewing machine inventor; self-made multimillionaire founder of "Singer Industries," "I.M. Singer and Company," (also an elementary school dropout), **Sean Connery**....Oscar-winning actor; knighted

(United Kingdom: Sir Sean Connery), **Charles E. Culpeper**....self-made multimillionaire American businessman; early 1900s' owner and head of "The Coca Cola Bottling Company", **Sonny Bono**....singer-songwriter-actor; U.S. Congressman (California U.S. Representative) Pretty amazing isn't it! They didn't let outside programming decide their fates. Instead, they chose to be successful and did just that. And you can too!

Our power to change is in the present moment and the way we change what is going on in our outside world, is to change what we are thinking and feeling and especially believing on the inside. So let's decide right here and now to change our thinking. Take money for example. If you are a person who feels that you need to work hard to be wealthy, make a slight change in that belief to **"My _____ (Fill in the blank with Mother, Father, Sister, Preacher, etc.) told me when I was younger that you have to work hard to be wealthy. But now that I am an adult I have found that I don't have to work hard to be wealthy, I just need to think, feel, and believe I can be wealthy and that money comes to me easily"**.

You may not feel comfortable with this statement at first, but give it a chance. Say it over and over again as much as you can during the day. For maximum results, say your affirmation out loud in front of the mirror. After you have said it many times over and over again, you will begin to feel comfortable with its sound and vibration and you will be able to drop the first sentence and move on to **"I feel wealthy and money comes to me easily." And so it is!**